



樓 和 信
SINO BUILDING

MSSc in **CLINICAL PSYCHOLOGY**

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DEPARTMENT OF PSYCHOLOGY
THE CHINESE UNIVERSITY OF HONG KONG



香港中文大學

The Chinese University of Hong Kong

2024 ADMISSION



Department of
PSYCHOLOGY
香港中文大學心理學系

INTRODUCTION

- The MSSc in Clinical Psychology was established in 1988.
- **Two-year, full-time (24-month)** programme modelled after the previous clinical psychology training model of the British Psychological Society and based on a **scientist-practitioner model of training.**



SCIENTIST-PRACTITIONER MODEL

Based on a scientist-practitioner model of professional training

A SCIENTIST

- **Knowledgeable** in basic psychological processes and research methodology
- **Develops** empirically based theories and practices through scientifically rigorous **research** to **advance the development of the profession**

A PRACTITIONER

- Possesses **personal qualities** and **professional skills** necessary to provide quality services to the various populations in the community
- Approaches **clinical work** with **ethics** and **values**, breadth of **knowledge**, conceptual **clarity**, and **objectivity** of a **scientist**

PROGRAM OBJECTIVES

A Stepped Care model: A recent development in coping with human resource limitation (e.g., IAPT in UK)

Low-intensity intervention

- Delivered by **Bachelor's level** practitioners.
- **First** tier, stepping up to second tier, if required.

High-intensity intervention

- Delivered by **full-trained therapists**, e.g., clinical psychologists.
- **Second** tier.

What are you getting from a Career in Clinical Psychology?

- A reasonable monthly **income**? A stable job?
- A **helping** profession? Gratitude messages from clients?
- But, in return, the price is to face with daily those “**pessimistic**” or “**gloomier**” sides of one’s life.

What are you getting from a Career in Clinical Psychology?

- I disagree to the above last statement.
- In my personal view, I see **resilience** and **strengths** in my clients who are **NOT** willing to **give up** themselves despite all adversities, when they come to you.
- We are **privileged** to have **clients sharing** their darkest or most unfortunate **secrets** with us & allowing us to **walk with them** into a future unknown to both of us.

What are you getting from a Career in Clinical Psychology?

- There is a **fair share** of disappointment, frustration or despair, yet not without surprise, delight and triumph.
- These **ups-and-downs** are **educational** and **growth-enhancing** to **ourselves** as clinical psychologists and as a person, expanding our horizon enormously.
- In the end, we should all come out from these clinical experiences as a **better** and **wiser person**.

RECOGNITION

- Recognized by the Division of Clinical Psychology (DCP) of the Hong Kong Psychological Society (HKPS), a professional body formed in January 1982 that monitors and promotes the standard of practice of clinical psychology in Hong Kong.
- Also by the newly established Hong Kong Institute of Clinical Psychologists (HKICP) for voluntary registration as clinical psychologists in Hong Kong; the establishment of this registry is invited and monitored by the Department of Health, Hong Kong SAR Government for service quality assurance and protection of the public.

REQUIREMENTS

- Bachelor's degree in Psychology (Honors Degree) or qualifications equivalent to a Bachelor's degree in Psychology;
- Eligible for graduate membership of the Hong Kong Psychological Society
- Preferable that the applicants have undergraduate studies in abnormal psychology, neuropsychology and counselling / psychotherapy.
- Abilities to speak Cantonese and read / write in Chinese required, as are English language skills (Courses taught in Cantonese and English)

PROGRAM OF STUDY



**COURSE
WORK**

**PRACTICAL
TRAINING**

**OVERSEAS
PLACEMENT**

**MINDFULNESS-BASED
COGNITIVE THERAPY
TRAINING**

**INDEPENDENT
RESEARCH
THESIS**

COURSE WORK

**STUDENTS ARE REQUIRED TO COMPLETE A TOTAL OF 58
UNITS OF COURSES FOR GRADUATION:**

- Psychopathology
- Health & Community Psychology
- Ethics and Professional Issues
- Seminar in Research Methods I
- Research Issues in Clinical Psychology
- Intelligence Assessment
- Assessment of Psychopathology and Personality
- Neuropsychology Seminar
- Intervention Seminar I: Behaviour and Cognitive Therapies
- Intervention Seminar II: Working with Children and Adolescents
- Intervention Seminar III: Special Topics
- Special Topics in Clinical Practices
- Clinical Seminars I, II, III & IV

PRACTICAL TRAINING

- Must attend 5 blocks of placements
- Totaling 220 working days
- 3 Core Placements:
 1. Adults with psychological problems
 2. Child or adolescent with psychological problems
 3. Individuals with medical conditions and/or developmentally pervasive conditions such as intellectual disabilities
- 2 Electives
May involve further training in one of the three core placements mentioned above, or chosen from among the fields of Forensic Psychology, Health/Community Psychology, Aging, Social/Family Services and Neuropsychology, etc.

THESIS & MBCT

INDEPENDENT RESEARCH THESIS

- Students are required to complete an independent **thesis involving empirical data**.

MINDFULNESS-BASED COGNITIVE THERAPY-Life TRAINING PROGRAMME

- Students are given the opportunity to learn **mindfulness** during their two years of clinical psychology training (The programme will subsidize part of the training fee)
- Personal growth and development.
- Professional training.

ACADEMIC STAFF

FULL-TIME CLINICAL FACULTY MEMBERS

PROF. PATRICK LEUNG (PROGRAMME DIRECTOR)

PROF. AGNES CHAN

DR. GLORIA CHAN

PROF. CHIU CHUI-DE

DR. AN TONG GONG

PROF. FIONA HO

PROF. WINNIE MAK

PROF. SUZANNE SO



DEADLINE

12 January, 2024

DETAILS

- Online application
<https://www.gs.cuhk.edu.hk/admissions/programme/social-science>
- Supporting documents required
<http://www.psy.cuhk.edu.hk/index.php/en/graduate/m-s-sc-in-clinical-psychology>

GENERAL APPLICATION MATERIALS

- Official Transcript in officially sealed envelope
- 2 Letters of Recommendation
- Copy of Certificate of Graduation and HKID
- Original score report of TOEFL, GMAT or IELTS (if needed)

APPLICATION

ADDITIONAL APPLICATION INFORMATION

- Full CV
- Abstract of Bachelor's or Master's thesis
- Self-description in English (750 words) including the following:
 1. My own personality sketch
 2. What aspects of me will facilitate or impede my development in this profession?
 3. Describe a personal significant life event. In retrospect, how do you see yourself being influenced by the event? What have you learned from it?

APPLICATION

ADDITIONAL APPLICATION INFORMATION

A statement on the following information :

- Whether you have ever applied to our MSc in Clinical Psychology Programme in the past or not ? (Yes or No)
- If yes, list the years you have applied and describe in English (400 words) how you have changed since last application

APPLICATION



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INQUIRIES

DEPARTMENT OF PSYCHOLOGY

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