

### **Abstract**

The primary goal of the present study was to investigate the mediatory effect of tendency to forgive and relationship harmony on the relationship between neuroticism and subjective happiness. A parallel mediation model of the two mediators was examined. A total of two hundred and fifty undergraduate participants were surveyed and they provided self-reported data on levels of neuroticism, tendency to forgive, relationship harmony and subjective happiness using accredited scales denoting these psychological variables. Data was then analyzed and the mediatory relationships were tested using the PROCESS program model four via SPSS. Results reveal that a mediatory relationship exists for both mediators and the relationship was a partial mediation. However, the indirect effect was relatively small. Direct effect of neuroticism towards subjective happiness was revealed to be strong. These findings highlight the mediational roles of tendency to forgive and relationship harmony and corresponds to earlier findings that connect the variables' correlational relationships between each other. This may also have further implications on how tendency to forgive and relationship harmony could be targeted to improve levels of subjective happiness. Limitations of the study are also considered and discussed.

*Keywords:* Subjective happiness, neuroticism, tendency to forgive, relationship harmony, subjective well-being