Abstract

Discussions regarding emotion socialization and emotion regulation have numerous studies in recent years, but relatively little attention has been given to the Chinese adolescents. This study based on gender differences among Chinese adolescents to discuss perceived maternal reactions to adolescents' negative emotions and emotion regulation strategies. To go further, the study also explored the mediating role of perceived maternal reactions to negative emotions linking adolescents' genders and emotion regulation strategies in Chinese culture. Participants included 287 sixth- and seventh-grade students from 2 public middle schools in Shanghai, China. Participants reported the perceived maternal reactions to their negative emotions and emotion regulation strategies in the online questionnaire. The results showed that there was no mediating role of perceived maternal reactions to negative emotions linking adolescents' genders and emotion regulation strategies in this study. This finding provided a reference direction for future research on maternal emotion reaction and emotion regulation of Chinese adolescents.

Key words: Chinese adolescents, gender difference, maternal reaction, emotion regulation strategy.