

### Abstract

The present study investigated the effect of gender on life satisfaction as well as, relation of life satisfaction with personality trait, job satisfaction and happiness in Hong Kong adults. 135 participants (aged from 21 to 60 years, 56.3% female) completed the Satisfaction with Life Scale (SWLS, Diener, Emmons, Larsen, & Griffin, 1985), 10-item Big Five inventory (BFI-10, Rammstedt & John, 2007), Job in General (JIG, Ironson, Smith, Brannick, Gibson, & Paul, 1989), and Subjective Happiness Scale (SHS, Lyubomirsky & Lepper, 1999). Independent sample t-test was done and there was no gender difference in life satisfaction. Bivariate correlation analysis was performed, and it indicated positive association of job satisfaction and happiness to life satisfaction. Regarding personality, significant positive correlation of conscientiousness- and openness to experience-trait to life satisfaction was found, while there was negative correlation with neuroticism-trait, and there was no significant correlation with extraversion-trait to life satisfaction. These results implicated the important association of positive emotions and job satisfaction with life satisfaction. Future work should focus on determinants of positive emotions and job satisfaction.

*Keywords:* Gender difference, life satisfaction, personality trait, job satisfaction, happiness