

## Abstract

The present study examined the prevalence and psychological correlates of Avoidant Personality Disorder (AVPD) features among non-engaged youth (NEY) in Hong Kong. Participants, 164 non-engaged youths (86 males, 78 females) aged between 16 and 25, and 106 controlled youths (61 males and 45 females) aged between 17 and 28, completed the AVPD subscale on Chinese Personality Disorders Inventory (CPDI), 8 subscales of Chinese Clinical Multiaxial inventory (CCMI), Rosenberg Self-Esteem Scale (RSE), and Early Maladaptive Schema Questionnaire – Short Form (EMSQ-SF). Results indicated no difference in prevalence of AVPD features between the NEY and the controlled youths. Consistent with the Western literature, AVPD features were correlated with mental health problems, psychosocial impairment and maladaptive schema. This study provided empirical knowledge on the characteristics of the NEY. More research is needed to examine the psychological profile and needs of this group of individuals.