

Abstract

The relationship between forgiveness, quality of couple relationship and psychological distress among people infected with HIV/AIDS was investigated. 122 participants were recruited and 71 of them were in a relationship. Unforgiveness was showed to associate with higher levels of depression and anxiety while forgiveness of self was correlated with lower level of depression. Couple relationship was not found to have relationship with anxiety and only dyadic satisfaction and total adjustment were negatively related with depression. Forgiveness/unforgiveness showed no significant relationship with couple relationship. The moderating and mediating effects of forgiveness on depression and anxiety through couple relationship were not found in the study. Implications of results and future direction of research were discussed.