

PSY 1000E General Psychology
Psychology Department, CUHK
2007-2008 2nd Semester

1. Course Description:

The purpose of this course is to introduce fundamental concepts from psychology in the daily life context. Upon completion of this course, students should have acquired a basic understanding of findings in various areas of psychology, and major psychological theories used to explain human behavior.

2. Learning Approach: How does the course help you learn about psychology?

This class employs an interactive learning approach in which lecture and tutorial will be organized to broaden and deepen your knowledge of psychology. Moreover, discussion, video presentation, and experiments will be used in facilitating your learning.

3. Contact Information

Dr. Francis Cheung (SB616, 2609-6210, ylcheung@psy.cuhk.edu.hk)

Office hours: Wed 10:30-12:30 or by appointment (with at least 24 hours notice)

Tutors

Wynne Chan (SB326B, 3163-4383, whwchan@psy.cuhk.edu.hk)

Office hours: Monday 2:30 – 4:30 or by appointment (with at least 24 hours notice)

Hildie Leung (SB326B, 3163-4383, hleung@psy.cuhk.edu.hk)

Office hours: Monday 2:30 – 4:30 or by appointment (with at least 24 hours notice)

4. Course Content

Topics	Contents/fundamental concepts
What is Psychology?	Psychology as science, how psychology relates to other disciplines, basic research methods
What is a person? Theories of personality	Psychoanalytic approach, learning approach, humanistic approach
What makes me who I am? Development over the life span	Piaget's cognitive development, Kohlberg's moral development, attachment
How do I interact with others?	Obedience, conformity, helping behaviors
How do I learn?	Classical conditioning, operant conditioning
Motivation and emotion	Maslow's hierarchy of needs, major theories of emotions (James-Lange theory, Cannon-Bard theory)
Sensation and Perception	Introduction of basic human senses (e.g. seeing, hearing), selective attention, attention overload, perception of depth, colors
How do I think? Thinking and intelligence	What is IQ? Sternberg's theory of intelligence, Gardner's multiple intelligence
What do I remember?	Short term memory, long term memory, strategies to enhance memory
States of Consciousness	Sleeping, dreaming, hypnosis
Health psychology	Health compromising behaviors, health enhancing behaviors

When the mind goes wrong: Psychological disorders	Assessment of psychological disorders, anxiety disorder, mood disorder, schizophrenia
What to do when the mind goes wrong: Psychotherapy	Psychotherapies (e.g. behavioral therapy, cognitive therapy), psychosurgery

5. Expected Learning Goals (LG):

- 1 Students will demonstrate familiarity with the major concepts, theoretical perspectives, empirical findings and historical trends in psychology.
- 2 Students will understand and apply psychological principles to personal, social, and organizational issues.

6. Expected Learning Outcomes (LO):

The purpose of this course is to introduce fundamental concepts from psychology in the daily life context. Upon completion of this course, students should have acquired a basic understanding of findings in various areas of psychology (matches with LG1), and major psychological theories used to explain human behavior (matches with LG2).

7. Learning Activities

	Lecture	Tutorial
Time per week	1 hours 45 minutes Wed 2:30-4:15.	45 minutes Mon 1:30-2:15
Venue	ELB 203	ELB 203 / HYS 306
No. of sessions in total	14	13
Attendance	Mandatory	Mandatory
Teaching Member(s)	Lecturer	Tutors
Matching with Learning Goals (LG)	LG1 LG2	LG1 LG2
Matching with Learning Outcomes (LO)	LO1 LO2	LO1 LO2

8. Assessment Scheme

Students will be assessed in the following modes of formative assessment:

Course Evaluation

Test 1 (40 MC questions)	25%
Test 2 (40 MC questions)	30%
Test 3 (40 MC questions)	30%
Thought Pieces (2 pieces)	10%
Attendance	5%

Total 100%

All absences on quiz days will require a doctor's certificate. Any quizzes missed without medical certificate will be given a **ZERO** for that quiz. Students with valid certificate will be given a make-up test, however, 20% of the score in that quiz will be deducted.

Experiment Participation

Students are required to participate in **3 hours** of psychology experiments. Sign-up sheets for these experiments are posted outside SB LT1. You can refer to the "Experiment Participation Instruction" handout or browse the "Subject Pool Webpage" (<http://www.psy.cuhk.edu.hk/~subjectpool>) for further details.

Thought Pieces

Students will need to submit two thought pieces in response to two short articles. The articles will be posted to CUForum by tutors. Each thought piece should be one to two-pages long (type-written, double-spaced, 12 point font, 1-inch margins) and should demonstrate correct application of psychological theories and/or research. Thought pieces submitted after the deadline will be marked down by 1% per day and note that only hard copies will be accepted.

Interested in Minor in Psychology?

To minor in psychology, a student needs to pass this course. Further information about application particulars can be obtained from the psychology general office, SB 328.

9. Learning resources

Course Textbook

Feldman, R. S. (2008). Understanding Psychology (8th Ed). Boston: McGraw-Hill.

10. Course Updates

Class Web Page

<http://cuforum.cuhk.edu.hk>

11. Feedback for evaluation

Students are welcome to give comments and feedback at any time during the class. Stop by to talk to the instructor or teaching assistants. You can also send us emails or post your comments on cuforum.

Around Week 6 of the course, we will ask you to give us comments and feedback through an open-ended questionnaire. Some questions will be like “things that you like and do not like about this course”, “suggestions on enhancing the course”, and etc.

12. Course schedule

Course Outline & Schedule

Lecture (Wed)	Lecture Topic	Reading	Tutorial (Mon)	Tutorial Content
9 Jan	What is Psychology?	Chapter 1 & 2	14 Jan	Introduction
16 Jan	What is a person? Theories of personality	Chapter 13	21 Jan	Personality tests
23 Jan	What makes me who I am? Development over the life span	Chapter 12	28 Jan	Child development
30 Jan	How do I interact with others?	Chapter 17	4 Feb	Quiz 1 (Chapter 1, 2, 12 & 13)
6 Feb	<i>No Lecture (Chinese New Year)</i>		11 Feb	<i>No tutorial (Chinese New Year)</i>
13 Feb	How do I learn?	Chapter 6	18 Feb	Reinforcement in Operant Conditioning
20 Feb	Motivation and emotion	Chapter 10	25 Feb	Motivational drives: why we do what we do? (1 st thought piece due in class)
27 Feb	Sensation and Perception	Chapter 4	3 Mar	Visual illusions
5 Mar	How do I think? Thinking and intelligence	Chapter 9	10 Mar	Quiz 2 (Chapter 4, 6, 9, 10 & 17)
12 Mar	What do I remember?	Chapter 7	17 Mar	Memory and IQ
19 Mar	States of Consciousness	Chapter 5	24 Mar	<i>No tutorial (Easter)</i>
26 Mar	Health psychology	Chapter 14	31 Mar	Why do we need to sleep?
2 Apr	When the mind goes wrong: Psychological disorders	Chapter 15	7 Apr	Health Psychology: Addiction (2 nd thought piece due in class)
9 Apr	What to do when the mind goes wrong: Psychotherapy	Chapter 16	14 Apr	Quiz 3 (Chapter 5, 7, 14, 15, 16)
16 Apr	Current Issues in psychology	--	21 Apr	Eating Disorder

13. Academic honesty and plagiarism

University policy and regulations on honesty in academic work

Attention is drawn to University policy and regulations on honesty in academic work, and to the disciplinary guidelines and procedures applicable to breaches of such policy and regulations. Details may be found at <http://www.cuhk.edu.hk/policy/academichonesty/> . With each assignment, students will be required to submit a statement that they are aware of these policies, regulations, guidelines and procedures.

(To be signed by students at the beginning of the semester)

I declare that the assignment here submitted is original except for source material explicitly acknowledged. I also acknowledge that I am aware of University policy and regulations on honesty in academic work, and of the disciplinary guidelines and procedures applicable to breaches of such policy and regulations, as contained in the website <http://www.cuhk.edu.hk/policy/academichonesty/>

Signature

Date

Name

Student ID

PSY1000E
Course code

General Psychology
Course title