

PSY 1000D General Psychology
2007-08, 2nd Term, Department of Psychology, CUHK

Prof. Alan C.N. Wong

Lectures: M2-3 (Mondays, 9:30a.m. - 11:15a.m.) ELB 203
Tutorials: H9 (Thursdays, 4:30p.m. - 5:15p.m.) ELB 203 / HYS 306

1. Course Description: What is the course about?

This is a course introducing psychology, the scientific study of human behavior. It will offer a survey of different sub-fields of psychology, including the nervous system, perception, memory, learning, intelligence, development, personality, social psychology, psychological disorder, etc. Focuses will be put on the scientific methodology adopted by psychologists, some key figures and theories, and applications of concepts to personal and social issues.

2. Learning Approach: How does the course help you learn about psychology?

Through lectures you will obtain the basic understanding of different topics related to psychology and the scientific tools involved. Tutorials will include a variety of activities, including games, demos, video viewing, etc., to help you further understand the course material. Individual writing exercises (thought pieces) and group discussions during tutorials will encourage you to reflect on issues related to the study of psychology and on the implications of those issues in real life, as well as help you develop the ability to engage in educated discussions on issues related to psychology.

3. Prerequisites: What knowledge do you need before taking this course?

No courses have to be taken as the prerequisite.

4. Contact Information of Teaching Members

Lecturer:	
Name:	Prof. Alan Chun-Nang Wong
Office Location:	Sino Building 334
Telephone:	2609-6505
Email:	alanwong@psy.cuhk.edu.hk
Lecture Time & Venue:	Mon 9:30-11:15am (ELB 203)
Consultation Hours:	Fri 10:30am-12:30pm
Website:	http://www.psy.cuhk.edu.hk/en/people/alanwong/index.html

Teaching Assistants:		
Name:	Tony Cheng	Suki Tang
Office Location:	Sino Building 351	Sino Building 318
Telephone:	2609-6521	3163-4384
Email:	tthcheng@psy.cuhk.edu.hk	skytang@psy.cuhk.edu.hk
Tutorial Time & Venue:	Thu 4:30-5:15pm ELB 203	Thu 4:30-5:15pm HYS 306
Consultation Hours:	Mon 1:00-3:00pm	Wed 4:30-6:30pm

5. Course Content

Topics	Contents/fundamental concepts
1. Introduction	What is the history of psychology studies? What are the key issues and controversies in psychology?
2. Scientific Method	How do psychologists do their research? How to do an experiment?
3. Neuroscience & Behavior	How is the nervous system organized? What do neurons and brains have to do with our behavior?
4. Sensation & Perception	How do we receive stimulations from the environment? How do we understand and derive meaning from these stimulations?
5. Learning	Different types of learning: classical conditioning, operant conditioning, and cognitive approaches.
6. Memory	What are the types of memory? How can we improve our memory?
7. Intelligence	How to define intelligence? Are there different types of intelligence? How to measure them?
8. Development: Cognitive	The nature/nurture debate; What is the cognitive capacity of babies, and how do they become smarter as they grow?
9. Development: Social	How do children and adolescents develop a sense of self and learn to interact with others?
10. Personality	Different ways to understand personality: trait, psychodynamic, social-cognitive, and humanistic approaches.
11. Emotions	Why do we experience emotions? What are they actually?
12. Social Psychology	How do we influence others? How are we influenced by others?
13. Psychological Disorders	What are the types of psychological disorders? What are the symptoms and causes?

6. Expected Learning Goals

Learning Goals:
<ol style="list-style-type: none"> 1. Understand the phenomena related to psychology 2. Equip with the research methods in psychology 3. Develop critical thinking skills in psychology 4. Apply and relate psychology to daily issues 5. Recognize the values in psychology 6. Facilitate sociocultural and international awareness 7. Reflect upon personal development

7. Expected Learning Outcomes

Learning Outcomes:	Matching of learning goals:								
<p>Upon completion of this course, students will be expected to:</p> <table border="1" style="width: 100%;"> <tr> <td style="background-color: #d3d3d3;"> <p>Learning Outcome 1</p> <ul style="list-style-type: none"> ▪ understand, relate and apply the key psychology concepts in daily circumstances </td> <td style="background-color: #d3d3d3;"> <ul style="list-style-type: none"> √ Learning Goal 1 √ Learning Goal 4 √ Learning Goal 5 √ Learning Goal 6 </td> </tr> <tr> <td style="background-color: #d3d3d3;"> <p>Learning Outcome 2</p> <ul style="list-style-type: none"> ▪ familiarize with the key classical and contemporary experimental studies and findings in psychology </td> <td style="background-color: #d3d3d3;"> <ul style="list-style-type: none"> √ Learning Goal 1 √ Learning Goal 2 √ Learning Goal 5 </td> </tr> <tr> <td style="background-color: #d3d3d3;"> <p>Learning Outcome 3</p> <ul style="list-style-type: none"> ▪ conceptualize, structure, articulate and present original ideas, both in written assignments and during tutorial discussions, on psychology-related topics </td> <td style="background-color: #d3d3d3;"> <ul style="list-style-type: none"> √ Learning Goal 3 √ Learning Goal 4 √ Learning Goal 7 </td> </tr> <tr> <td style="background-color: #d3d3d3;"> <p>Learning Outcome 4</p> <ul style="list-style-type: none"> ▪ design, direct and regulate own study plan for problem-based learning, from identifying the problem, setting learning objectives, researching on relevant information, reflecting on what has been learnt, to applying the knowledge to future problems </td> <td style="background-color: #d3d3d3;"> <ul style="list-style-type: none"> √ Learning Goal 2 √ Learning Goal 3 √ Learning Goal 4 √ Learning Goal 7 </td> </tr> </table>	<p>Learning Outcome 1</p> <ul style="list-style-type: none"> ▪ understand, relate and apply the key psychology concepts in daily circumstances 	<ul style="list-style-type: none"> √ Learning Goal 1 √ Learning Goal 4 √ Learning Goal 5 √ Learning Goal 6 	<p>Learning Outcome 2</p> <ul style="list-style-type: none"> ▪ familiarize with the key classical and contemporary experimental studies and findings in psychology 	<ul style="list-style-type: none"> √ Learning Goal 1 √ Learning Goal 2 √ Learning Goal 5 	<p>Learning Outcome 3</p> <ul style="list-style-type: none"> ▪ conceptualize, structure, articulate and present original ideas, both in written assignments and during tutorial discussions, on psychology-related topics 	<ul style="list-style-type: none"> √ Learning Goal 3 √ Learning Goal 4 √ Learning Goal 7 	<p>Learning Outcome 4</p> <ul style="list-style-type: none"> ▪ design, direct and regulate own study plan for problem-based learning, from identifying the problem, setting learning objectives, researching on relevant information, reflecting on what has been learnt, to applying the knowledge to future problems 	<ul style="list-style-type: none"> √ Learning Goal 2 √ Learning Goal 3 √ Learning Goal 4 √ Learning Goal 7 	<p>Each learning outcome matches with the following learning goals:</p>
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8. Learning Activities

	Interactive Lecture	Tutorial	Thought-piece Discussion	Self-directed Study
Time per week	2 hours in-class Mon: 9:30-11:15am	1 hours in-class Thur: 4:30-5:15pm	1 hours in-class Thur: 4:30-5:15pm	3 hours out-of-class
Venue	ELB 203	ELB203/HYS306	ELB203/HYS306	Out of class
No. of sessions in total	13 lectures	9 tutorials	2 tutorials	--
Attendance	Optional	Mandatory	Mandatory	--
Teaching Member(s)	Lecturer	Teaching assistants	Teaching assistants	Self-initiated by students
Matching with learning goals (LG)	√ LG 1 √ LG 2 √ LG 5 √ LG 6	√ LG 1 √ LG 2 √ LG 3 √ LG 4 √ LG 5 √ LG 6 √ LG 7	√ LG 3 √ LG 4 √ LG 5 √ LG 6 √ LG 7	√ LG 3 √ LG 4 √ LG 5 √ LG 7
Matching with learning outcomes (LO)	√ LO 1 √ LO 2	√ LO 1 √ LO 3	√ LO 1 √ LO 3 √ LO 4	√ LO 4

Four different types of learning activities will be adopted in this course:

I. **Interactive Lectures**

- Present an overview of psychology-related concepts, terminologies, theories and experimental findings, both classical and contemporary
- Discuss in the class controversial topics in psychology.
- Engage the class in interactive activities to consolidate the understanding on psychological concepts, terminologies, and theories.

II. **Tutorials**

- Reinforce, through demonstrations, games, videos, etc, the understanding of different psychology theories and their applications.
- Discuss in small groups on issues in psychology.

III. **Thought-piece Discussion**

- Discuss in small groups the problem-based task, either daily life issues or fictional scenarios, and to explore and apply concepts, terminologies and theories in psychology.
- Express and comment on ideas generated in the thought-piece assignment.

IV. **Self-directed Studies**

- Let students take responsibility for design, direct and regulate their own learning about psychology, to consolidate knowledge, critical thinking skills, and personal reflection on psychology-related topics to pursue further learning.

9. Assessment Scheme

Assessment Mode:	Matching of learning goals:				
<p>Students will be assessed in the form of:</p> <table border="1"> <tr> <td> <p>1. Formative assessment (measures what you have learnt at different stages during the course)</p> </td> </tr> <tr> <td> <p>2. Authentic assessment (measures various abilities that you can apply to address real-life problems or fictional scenarios)</p> </td> </tr> </table>	<p>1. Formative assessment (measures what you have learnt at different stages during the course)</p>	<p>2. Authentic assessment (measures various abilities that you can apply to address real-life problems or fictional scenarios)</p>	<p>Each assessment mode matches with the following learning goals:</p> <table border="1"> <tr> <td> <p>√ Learning Goal 1</p> <p>√ Learning Goal 2</p> <p>√ Learning Goal 5</p> </td> </tr> <tr> <td> <p>√ Learning Goal 3</p> <p>√ Learning Goal 4</p> <p>√ Learning Goal 5</p> <p>√ Learning Goal 6</p> <p>√ Learning Goal 7</p> </td> </tr> </table>	<p>√ Learning Goal 1</p> <p>√ Learning Goal 2</p> <p>√ Learning Goal 5</p>	<p>√ Learning Goal 3</p> <p>√ Learning Goal 4</p> <p>√ Learning Goal 5</p> <p>√ Learning Goal 6</p> <p>√ Learning Goal 7</p>
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Assessment Scheme	Description	Weight	Matching with assessment mode (AS)
Quizzes	Multiple-choice questions covering the entire course. Quiz 1 (25%): Lect. 1-4 & Tuto. 1-4 Quiz 2 (25%): Lect. 5-8 & Tuto. 5-7 Quiz 3 (25%): Lect. 9-12 & Tuto. 8-11	75%	√ AM 1
Thought Pieces	This assignment provides a chance for students to reflect on the scientific and/or daily-life implications of theories or findings (8% × 2 pieces).	16%	√ AM 2
Tutorial Participation	Participation in presentations, discussions, debates, etc., will be assessed.	9%	√ AM 2

Note:

- Students are expected to attend all tutorials.
- You are required to participate in 3 hours of psychology experiments. Sign-up sheets for these experiments are posted outside SB LT1. Details will be introduced in the first tutorial.
- Absentees from a quiz for unjustified reasons will not be granted a make-up quiz and will be given a “0” for that quiz. Students with justified reasons will be given a make-up quiz with essay questions. The instructor and the teaching assistants reserve the rights for the final decision to grant or not to grant a make-up quiz to a particular student.

10. Learning resources

Textbook required:

Feldman, R. S. (2008) *Understanding Psychology (8th Ed)*. New York: McGraw-Hill.

Other recommended readings:

Books and journals will be suggested for different topics at the end of each class.

11. Course Updates

CUForum (<https://cuforum.cuhk.edu.hk/>) will be adopted in this course for posting course notes, announcements, submitting on-line assignments, etc.

For students who are not familiar with the platform of CUForum, you are recommended to read the instructions and guidelines of how to use CUForum once you logged onto CUForum.

12. Feedback for evaluation

Students are welcome to give comments and feedback at any time during the class. Stop by to talk to the instructor or teaching assistants. You can also send us emails or post your comments on CUForum.

Around Week 7-8 of the course, we will ask you to give us comments and feedback through an open-ended questionnaire. Some questions will be like “things that you like and do not like about this course”, “suggestions on enhancing the course”, and etc.

13. Course schedule

Week	Date	Topic	Reading
1	7 Jan. 10 Jan.	Lecture 1: Introduction Tutorial 1: Introduction	Chapter 1: Modules 2 & 3
2	14 Jan. 17 Jan.	Lecture 2: Scientific Method Tutorial 2: Experiment Design (Game)	Chapter 2
3	21 Jan. 24 Jan.	Lecture 3: Neuroscience & Behavior Tutorial 3: Handedness (Exercise)	Chapter 3: Modules 7 & 9
4	28 Jan. 31 Jan.	Lecture 4: Sensation & Perception Tutorial 4: Illusions (Demo)	Chapter 4: Modules 11 & 13
5	4 Feb. 7 Feb.	Lecture 5: Learning Lunar New Year Holiday	Chapter 6
6	11 Feb. 14 Feb.	Lunar New Year Holiday QUIZ 1 (Lecture Topics 1-4)	
Reminder: The first thought piece will be due at the beginning of the lecture on Feb 18.			
7	18 Feb. 21 Feb.	Lecture 6: Memory Tutorial 5: Applying Learning & Memory To Life (Brain Storming)	Chapter 7
8	25 Feb. 28 Feb.	Lecture 7: Intelligence Tutorial 6: Intelligence Tests (Exercise)	Chapter 9: Modules 26 & 28
9	3 Mar. 6 Mar.	Lecture 8: Development: Cognitive Tutorial 7: Applying Piaget's Theory to Education (Discussion)	Chapter 12: Modules 37, 39, 40
10	10 Mar. 13 Mar.	Lecture 9: Development: Social QUIZ 2 (Lecture Topics 5-8)	Chapter 12 Modules 37, 39, 40
11	17 Mar. 20 Mar.	Lecture 10: Personality Tutorial 8: Person Analysis (Exercise)	Chapter 13: Modules 42 & 43
Reminder: The second thought piece will be due at the beginning of tutorial on Mar 27.			
12	24 Mar. 27 Mar.	Easter Holiday Tutorial 9: Different Personality Approaches (Debate)	
13	31 Mar. 3 Apr.	Lecture 11: Emotions Tutorial 10: Emotions	Chapter 10: Modules 31 & 32
14	7 Apr. 10 Apr.	Lecture 12: Social Psychology Tutorial 11: What You Need to Know About Love	Chapter 17
15	14 Apr. 17 Apr.	Lecture 13: Psychological Disorders QUIZ 3 (Lecture Topics 9-12)	Chapter 15

14. Academic honesty and plagiarism

- Information regarding the academic honesty and plagiarism policy in the University is located at <http://www.cuhk.edu.hk/policy/academic honesty/>. Some further advice is below.

**PSY 1000D
General Psychology
2007-2008 Term 2**

Guideline about plagiarism

Any assignment (i.e., project, essay, or paper) that shows evidence of plagiarism will be marked down severely. In simple terms, plagiarism is copying passages and/or ideas from other sources without referencing those sources. Moreover, when you report someone else's ideas/findings you must put it in your own words and not merely copy full sentences or parts of sentences from the source article. It is your responsibility as a scholar-in-training to cite the ideas and work of others correctly. Please visit the following websites for discussions of how to recognize and avoid plagiarism.

<http://ec.hku.hk/plagiarism/introduction.htm>

<http://www.indiana.edu/~wts/wts/plagiarism.html>

<http://www.hamilton.edu/academic/Resource/WC/AvoidingPlagiarism.html>

If you commit plagiarism in an assignment, and it is your first offence in the course, the penalty will range from a minimum of a single letter grade reduction in score on the assignment to a maximum of failure on the assignment. A second offence within the same course will result in a minimum penalty of a single letter grade reduction in the course grade to a maximum penalty of course failure. The specific penalty applied is up to the discretion of the professor. In all cases of plagiarism, the student's name will be recorded in a central database maintained by the general office. If a student is referred for plagiarism in more than one course, or more than one instance in the same course, the student's case will be forwarded to the university administration for follow-up action.

PSY 1000D
General Psychology
2007-2008 Term 2

Academic Honesty Statement

I promise that all assignments submitted to this course across the entire semester will be original except for source material explicitly acknowledged. I also acknowledge that I am aware of University policy and regulations on honesty in academic work, and of the disciplinary guidelines and procedures applicable to breaches of such policy and regulations, as contained in the website <http://www.cuhk.edu.hk/policy/academichonesty/>

Signature _____

Date _____

Name _____

Student ID _____

Course Code PSY1000D

Course Name General Psychology

* please hand in this form during the first tutorial.